

वैद्य राजेश कोटेचा

सचिव

Vaidya Rajesh Kotecha
Secretary



भारत सरकार

आयुष मंत्रालय

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Government of India

Ministry of Ayush

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Dear colleague,

D.O.No.M-16011/47/2026-YN

01st June, 2026

As you are aware, the International Day of Yoga (IDY) has emerged as a global movement promoting holistic health, wellness, and harmony. In continuation of this collective endeavour, Ministry of Ayush is organising several nationwide activities as part of IDY 2026 celebrations.

In this regard, I would like to invite and encourage your active participation in the Guinness World Record attempt being organised by the Ministry of Ayush in association with Habuild Healthtech Pvt Ltd. on **14th June 2026 from 6.15 AM to 7.35AM**. This historic initiative aims to achieve the maximum number of people participating simultaneously in an online Yoga session through Ministry of Ayush YouTube platform.

To participate in this event, individuals are required to register by giving a missed call on the toll-free number **1800-315-7008**. Upon registration, participants will receive a WhatsApp message containing the session link.

On the day of the Guinness World Record attempt, every participant must individually log in through their own device, as each registered device joining the session will be counted towards the official record. Therefore, I request you to ensure maximum participation by encouraging all officials, employees, affiliated institutions, organisations, Yoga practitioners, and members of the public under your jurisdiction to join separately through their personal devices.

I shall be grateful for your personal intervention and support in ensuring wide publicity, mass mobilisation, and enthusiastic participation in the Guinness World Record attempt as part of IDY 2026 celebrations.

With regards,

Yours sincerely,

(Rajesh Kotecha)

JS(A)

To,

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All Secretaries of all Ministries/Departments, Government of India